



Menu for Week of

<i>Week 1</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Breakfast	Waffles	Cereal	Pancakes	Sausage Biscuits	French Toast
Age Appropriate Substitute					
Lunch	Cheeseburgers/Baked Beans/Fruit/Milk	Chicken Nuggets/Mac n Cheese/Green Beans/Fruit/Milk	Smoked Sausages/Mashed Potatoes/Peas/Fruit/Milk	Bologna & Cheese Sandwiches/Veggie Straws/Applesauce/Milk	BBQ Meatballs/Noodles/Carrots/Fruit/Milk
Age Appropriate Substitute					
PM Snack	Yogurt Tubes	Gold Fish	String Cheese	Graham Crackers	Cheese its
Age Appropriate Substitute					

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice served is 100% full-strength fruit juice. Children (age 12-24 month) are served whole milk. After 24 months, all children are served 1% milk.

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272.

Centers may substitute food items as necessary.

Menu for Week of



<i>Week 2</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Breakfast	Oatmeal	Cereal Bars	Bagels & Cream Cheese	Muffins	Toaster Strudel
Age Appropriate Substitute					
Lunch	Chicken Patties w. Cheese/Whole Grain Buns/Corn/Fruit/Milk	Hot Dogs/Baked Beans/Whole Grain Buns/Fruit/Milk	Chicken Noodle Soup/Cheese & Crackers/Fruit/Milk	Cheese Ravioli/Garlic Bread/Mixed Veggies/Fruit/Milk	Fish Sticks/Mac n Cheese/Green Beans/Fruit/Milk
Age Appropriate Substitute					
PM Snack	Animal Crackers	Veggie Straws	Granola Bars	Cheese & Crackers	Pretzels
Age Appropriate Substitute					

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Menu for Week of



<i>Week 3</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Breakfast	Chicken & Biscuits	Cereal	Biscuits & Jelly	Waffles	Cereal Bars
Age Appropriate Substitute					
Lunch	Chicken Alfredo/Garlic Bread/Corn/Fruit/Milk	Sloppy Joes/Tater Tots/Mixed Veggies/Fruit/Milk	Chicken Burritos w.Cheese/Green Beans/Rice/Fruit/Milk	Cheeseburgers/Baked Beans/Whole Grain Buns/Fruit/Milk	Bologna & Cheese Sandwiches/Veggie Straws/Applesauce/Milk
Age Appropriate Substitute					
PM Snack	String Cheese	Gold Fish	Pretzels	Cracker Sandwiches	Popcorn
Age Appropriate Substitute					

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Menu for Week 4



<i>Week 4</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Breakfast</i>					
Age Appropriate Substitute					
<i>Lunch</i>					
Age Appropriate Substitute					
<i>PM Snack</i>					
Age Appropriate Substitute					

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